# ASSOCIATION OF KNOWLEDGE AND SOCIO DEMOGRAPHIC VARIABLES AMONG PARENTS OF ANEMIC CHILDREN IN SELECTED PAEDIATRICS HOSPITALS OF BANGALORE, KARNATAKA 

Mr. Anil Kumar R V*| Dr. Amandeep Kaur**

* Research Scholar in Himalayan University, Itanagar in Arunachal Pradesh, India.
** Research Supervisor in Himalayan University, Itanagar in Arunachal Pradesh, India.
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#### Abstract

The protocol in managing anemic infant or child is by integrating the clues from physical examination, complete blood cell count, peripheral smear, reticulocyte count, and interpretation of tests which help to arrive at a definitive diagnosis. The sparse literature available regarding anemia in hospitalized children necessitated the need for the present study and early screening and detection of anaemia will in turn help in early and better management. The research method adopted for this study was quantitative approach which was comparative cum descriptive in nature. The present study adopts descriptive research design. The study was conducted at selected Shishuka Children's Multi-specialty Hospital, Banglore and Rainbow Children's Hospital. Non- probability convenient Sampling Technique was used. The sample of the study consists of 100 parents of anaemic children. Self-structured knowledge questionnaire was used to collect the data. Collected dada was tabulated and analyzed by descriptive and inferential statistics. Keywords: Socio demographic variables, anemia, hemoglobin, red blood cells.


## ABOUT AUTHORS:



Author, Mr. Anil Kumar R V is a Ph.D. Scholar at Himalayan University, Itanagar, Arunachal Pradesh, India.


Author, Dr. Amandeep Kaur is Ph.D. Guide at Himalayan University, Itanagar, Arunachal Pradesh, India. She has effective administrative and leadership skills. She is active researcher with many publications in her name. She has attended and organised various National and International conferences.

## INTRODUCTION

Anemia is defined as a hemoglobin ( Hb ) level of less than the 5 th percentile for age. Causes vary by age. The primary care physicians are the first persons who come across children with wide variety of health problems. Gbotosho, Grace \& Sowunmi, Akintunde \& Dokunmu, Titilope \& Happi, Christian \& Michael, Obaro \& Folarin, Onikepe \& Adewoye, Elsie. (2011). Common children's diseases and health problems of severe character or accompanied by complications are the main medical conditions requiring hospitalization in children. Houlgate, Laurence. (2017). Discussed both the moral and constitutional conception of children's rights. children are human beings who are always in custody of their parents, of the school they attend, or ultimately of the State. Steketee RW. (2003). Hashizume M, Kunii O, Sasaki S, Shimoda T, Wakai S, Mazhitova Z, et al. (2003).
The protocol in managing anemic infant or child is by integrating the clues from physical examination, complete blood cell count, peripheral smear, reticulocyte count, and interpretation of tests which help to arrive at a definitive diagnosis. The sparse literature available regarding anemia in hospitalized children necessitated the need for the present study and early screening and detection of anaemia will in turn help in early and better management.

## Title of the study

# ASSOCIATION OF KNOWLEDGE AND SOCIO DEMOGRAPHIC VARIABLES AMONG PARENTS OF ANEMIC CHILDREN IN SELECTED PAEDIATRICS HOSPITALS OF BANGALORE, KARNATAKA. 

## OBJECTIVES

To find the association of knowledge regarding care of anaemic children with selected sociodemographic variables.

## REVIEW

Acharya, Mansi \& Mashi, Archana. (2016). Assessed the effectiveness of teaching programme on knowledge and attitude regarding care of mentally challenged children among parent attending parent-teacher meeting in special schools for mentally challenged of Ahmedabad District. A pre experimental approach was used with one group pretest post test research design was chosen for the study. Mean pretest attitude score was 48.12 and after teaching programme the mean post test attitude score was 68.05 . Combined vitamin B12 and folate deficiency had a statistically significant correlation with severity of anaemia.Conclusions: Vitamin B12 and folate supplementation is equally important in prevention as well as treatment of nutritional deficiency anaemias in paediatric population. Bianchetti, Mario G. \& Hämmerli, I \& Roduit, C \& Neuhaus, T \& Leumann, E \& Oetliker, O. (1991). Arora (2018) conducted a study in 200 anemic children aged 1-5 years to check their serum foliate, vitamin B12 levels and their correlation with socio demographic parameters and clinical hematological profile methods. Iron supplementation was necessary in 13 patients with a ferritinaemia less than 300 micrograms/l before study. Canga, Mimozaet al. (2020) the pediatric hospital is an environment with a high level of stress for most parents. Life moral thrombosis occurred in 1 patient 10 days after renal transplant. Italia, Maria \& Kirolos, Sandy. (2019) Sickle cell disease (SCD) is the most common inherited haemoglobinopathy word wide, with the highest prevalence in sub-Saharan Africa. Labib, John et al. (2019) Introduction:Iron deficiency anaemia is the most common cause of childhood anaemia worldwide. Sanyaolu et al. (2016) wrote that Blood transfusion is a common practice in sub- Saharan Africa as a way of correcting anemia in children with mild and severe sicknesses.

## METHODOLOGY

The research method adopted for this study was quantitative approach which was comparative cum descriptive in nature. The present study adopts descriptive research design. The study was conducted at selected Shishuka Children's Multi-specialty Hospital , Banglore and Rainbow Children's Hospital. Nonprobability convenient Sampling Technique was used. The sample of the study consists of 100 parents of anaemic children. Self structured knowledge questionnaire was used to collect the data. Collected dada was tabulated and analyzed by descriptive and inferential statistics

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## RESULTS

TABLE 1

| DEMOGRAPHIC VARIABLES | FREQUENCY(n) | PERCENTAGE |
| :---: | :---: | :---: |
| AGE |  |  |
| <20 | 3 | 3 |
| 20-30 | 38 | 38 |
| $>30$ | 59 | 59 |
| MARITAL STATUS |  |  |
| MARRIED | 78 | 78 |
| DIVORCE | 15 | 15 |
| WIDOW | 7 | 7 |
| SEX |  |  |
| MALE | 51 | 51 |
| FEMALE | 49 | 49 |
| DURATION OF MARRIAGE |  |  |
| <1 YEAR | 14 | 14 |
| 1-10 YEAR | 76 | 76 |
| >10 YEAR | 10 | 10 |
| PLACE OF RESIDENCE |  |  |
| URBAN | 74 | 74 |
| RURAL | 26 | 26 |
| RELIGION |  |  |
| HINDU | 39 | 39 |
| SIKH | 2 | 2 |
| CHRISTIAN | 15 | 15 |
| MUSLIM | 12 | 12 |
| OTHERS | 32 | 32 |
| EDUCATION |  |  |
| ILLITERATE | 1 | 1 |
| PRIMARY | 1 | 1 |
| MATRICULATION | 3 | 3 |
| SECONDARY | 19 | 19 |
| GRADUATE | 54 | 54 |
| POST GRADUATE | 22 | 22 |
| OCCUPATION |  |  |
| HOUSEWIFE | 14 | 14 |
| DAILY WAGES | 5 | 5 |
| SELF EMPLOYED | 33 | 33 |
| PROFESSIONALS | 48 | 48 |
| MONTHLY INCOME OF THE FAMILY |  |  |
| BELOW 1500/- PER MONTH | 14 | 14 |
| 1501-3000/- PER MONTH | 2 | 2 |
| 3001-5000/- PER MONTH | 5 | 5 |
| 5001-10000/- PER MONTH | 12 | 12 |
| 10001/- PER MONTH OR ABOVE | 67 | 67 |
| TYPE OF FAMILY |  |  |
| NUCLEAR | 40 | 40 |
| JOINT | 38 | 38 |
| EXTENDED | 16 | 16 |
| SINGLE PARENT FAMILY | 6 | 6 |
| DIETRY HABITS |  |  |
| VEGETARIAN | 41 | 41 |

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| NON-VEGETARIAN | 59 | 59 |
| :---: | :---: | :---: |
| NUMBER OF LIVING CHILDREN |  |  |
| 1 | 36 | 36 |
| 2 | 45 | 45 |
| 3 | 15 | 15 |
| MORE THAN 3 | 4 | 4 |
| NUMBER OF MALE CHILDREN |  |  |
| 1 | 49 | 49 |
| 2 | 22 | 22 |
| 3 AND MORE | 3 | 3 |
| NONE | 26 | 26 |
| NUMBER OF FEMALE CHILDREN |  |  |
| 1 | 54 | 54 |
| 2 | 20 | 20 |
| 3 AND MORE | 3 | 3 |
| NONE | 23 | 23 |
| BIRTH ORDER |  |  |
| 1 | 24 | 24 |
| 2 | 24 | 24 |
| 3 | 15 | 15 |
| MODE OF DELIVERY |  |  |
| NORMAL | 55 | 55 |
| LSCS | 32 | 32 |
| FORCEPS | 13 | 13 |
| SOURCE OF INFORMATION |  |  |
| MASS MEDIA | 38 | 38 |
| RELATIVES | 27 | 27 |
| HEALTH SURVEYS | 4 | 4 |
| MEDICAL CHECKUP | 31 | 31 |

Findings of the present study show that majorities 59 (59\%) parents were in the age group of more than $30 y e a r s$. The least numbers of parents $3(3 \%)$ were in the age group of less than 20 years of age.
Findings of the present study shows that maximum number of parents 78 ( $78 \%$ ) were married, 15 (15\%) were divorced and 7 ( $7 \%$ ) were widow. the study shows that majority 51 ( $51 \%$ ) were males and 49 (49\%) were females.
Findings of the present study shows that maximum number of parents 76 ( $76 \%$ ) have been married for the span of 1-10 years followed by $14(14 \%)$ have been married for the span of $<1$ year and rest 10 ( $10 \%$ ) have been married for the span of more than 10 years.
The study shows that $74(74 \%)$ parents belongs to Urban area and $26(26 \%)$ belongs to rural area.
Findings of the present study shows that maximum number of parents 39 (39\%) belongs to Hindu religion followed by 32 belongs to other, $15 \%$ are Christians, 12 were Muslims and rest $2 \%$ were Sikh.
As per the study, this shows that $54 \%$ of the parents were graduate,, $22 \%$ were post graduate, $19 \%$ were secondary educated, $3 \%$ were matric and rest $1 \%$ were either illiterate or completed primary education.
Findings of the present study shows that maximum number of parents $48 \%$ was professionals, $33 \%$ were self-employed, $14 \%$ were housewife and rest $5 \%$ were on daily wages.
As per the study it shows that maximum number i.e. $67 \%$ parents were earning 10001/- per month or above, followed by parents who are earning below 1500/- per months, $12 \%$ were earning between 5001-10000 per month and rest $2 \%$ were earning between 1501-3000/- per month. As per the study it shows that $40 \%$ parents belongs to nuclear family, followed by 38 belongs to joint, $16 \%$ belongs to extended and rest $6 \%$ belongs to single parent family. Findings of the present study shows that maximum number of parents $59 \%$ were non-vegetarian and rest $41 \%$ were vegetarian. The study shows that maximum $45 \%$ have 2 living children followed by $36 \%$ have 1 living child, $15 \%$ have 3 children and rest $4 \%$ are having more than 3 children.
As per the study it shows that $49 \%$ parents have 1 male child followed by $26 \%$ having no male child, $22 \%$ are
having 2 male children and rest $3 \%$ are having 3 or more male child. According to the study it shows that $54 \%$

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are having 1 female child followed by $23 \%$ who do not have female child, $20 \%$ are having 2 female children and rest $3 \%$ have 3 and more female children. According to the study it shows that $24 \%$ are having birth order either 1 or 2 and rest $15 \%$ are having birth order 3 .
According to study it shows that $38 \%$ got the information through relatives followed by $31 \%$ through medical checkup, $27 \%$ through relatives, andrest 4\% through health surveys.
TABLE 2

| DEMOGRAPHIC VARIABLES | FREQUENCY(n) | Df | $\mathrm{x}^{2}$ |
| :---: | :---: | :---: | :---: |
| AGE |  |  |  |
| $<20$ | 3 | 2 | 0.38 |
| 20-30 | 38 |  |  |
| >30 | 59 |  |  |
| MARITAL STATUS |  |  |  |
| MARRIED | 78 | 2 | 0.48 |
| DIVORCE | 15 |  |  |
| WIDOW | 7 |  |  |
| DURATION OF MARRIAGE |  |  |  |
| <1 YEAR | 14 | 2 | 0.47 |
| 1-10 YEAR | 76 |  |  |
| >10 YEAR | 10 |  |  |
| PLACE OF RESIDENCE |  |  |  |
| URBAN | 74 | 1 |  |
| RURAL | 26 |  |  |
| RELIGION |  |  |  |
| HINDU | 39 | 4 | 0.85 |
| SIKH | 2 |  |  |
| CHRISTIAN | 15 |  |  |
| MUSLIM | 12 |  |  |
| OTHERS | 32 |  |  |
| EDUCATION |  |  |  |
| ILLITERATE | 1 | 5 | 1.29 |
| PRIMARY | 1 |  |  |
| MATRICULATION | 3 |  |  |
| SECONDARY | 19 |  |  |
| GRADUATE | 54 |  |  |
| POST GRADUATE | 22 |  |  |
| OCCUPATION |  |  |  |
| HOUSEWIFE | 14 | 3 | 0.61 |
| DAILY WAGES | 5 |  |  |
| SELF EMPLOYED | 33 |  |  |
| PROFESSIONALS | 48 |  |  |
| MONTHLY INCOME OF THE FAMILY |  |  |  |
| BELOW 1500/- PER MONTH | 14 | 4 | 1.17 |
| 1501-3000/- PER MONTH | 2 |  |  |
| 3001-5000/- PER MONTH | 5 |  |  |
| 5001-10000/- PER MONTH | 12 |  |  |
| 10001/- PER MONTH ORABOVE | 67 |  |  |
| TYPE OF FAMILY |  |  |  |
| NUCLEAR | 40 | 3 | 0.59 |
| JOINT | 38 |  |  |
| EXTENDED | 16 |  |  |
| SINGLE PARENT FAMILY | 6 |  |  |
| DIETRY HABITS |  |  |  |
| VEGETARIAN | 41 |  |  |


| NON-VEGETARIAN | 59 |  |  |
| :---: | :---: | :---: | :---: |
| NUMBER OF LIVING CHILDREN |  |  |  |
| 1 | 36 | 3 | 0.62 |
| 2 | 45 |  |  |
| 3 | 15 |  |  |
| MORE THAN 3 | 4 |  |  |
| NUMBER OF MALE CHILDREN |  |  |  |
| 1 | 49 | 3 | 0.49 |
| 2 | 22 |  |  |
| 3 AND MORE | 3 |  |  |
| NONE | 26 |  |  |
| NUMBER OF FEMALE CHILDREN |  |  |  |
| 1 | 54 | 3 | 0.54 |
| 2 | 20 |  |  |
| 3 AND MORE | 3 |  |  |
| NONE | 23 |  |  |
| BIRTH ORDER |  |  |  |
| 1 | 24 | 2 | 0.31 |
| 2 | 24 |  |  |
| 3 | 15 |  |  |
| MODE OF DELIVERY |  |  |  |
| NORMAL | 55 | 2 | 0.31 |
| LSCS | 32 |  |  |
| FORCEPS | 13 |  |  |
| SOURCE OF INFORMATION |  |  |  |
| MASS MEDIA | 38 | 3 | 0.48 |
| RELATIVES | 27 |  |  |
| HEALTH SURVEYS | 4 |  |  |
| MEDICAL CHECKUP | 31 |  |  |

TABLE 3

| SEX | FREQUENCY | MEAN | S.E | DF | $\mathbf{t}$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| MALE | 51 | 42.31 | 1.2 | 99 | $0.5^{\text {NS }}$ |
| FEMALE | 49 | 4.3 | 0.62 |  |  |
| PLACE OF | FREQUENCY | MEAN | S.E | DF |  |
| RESIDENCE |  | 57.66 | 1.89 | 99 | 12.97 |
| URBAN | 74 | 44.69 | 0.64 |  |  |
| RURAL | 26 | MEAN | S.E | DF |  |
| DIETRY HABITS | FREQUENCY | 42.60 | 0.55 | 99 | $0.65^{\text {NS }}$ |
| VEGETARIAN | 41 | 42.71 | 1.09 |  |  |
| NON-VEGETARIAN | 59 |  |  |  |  |

Findings of the present study show that majorities 59 (59\%) parents were in the age group of more than $30 y e a r s$. The least numbers of parents $3(3 \%)$ were in the age group of less than 20 years of age. DF of Age is 2 and $x^{2}$ is 0.38 . Findings of the present study shows that maximum number of parents $78(78 \%)$ were married, $15(15 \%)$ were divorced and $7(7 \%)$ were widow where DF is 2 and $x^{2}$ is 0.48 .
Findings of the present study shows that maximum number of parents 76 ( $76 \%$ ) have been married for the span of $1-10$ years followed by $14(14 \%)$ have been married for the span of $<1$ year and rest 10 (10\%) have been married for the span of more than 10 years. It shows $d f$ is 2 and $x^{2}$ is 0.47 .
Findings of the present study shows that maximum number of parents 39 (39\%) belongs to Hindu religion followed by 32 belongs to other, $15 \%$ are Christians, 12 were Muslims and rest $2 \%$ were sikh whereby df is 4

## and $\mathrm{x}^{2}$ is 0.85 .

As per the study, this shows that $54 \%$ of the parents were graduate,, $22 \%$ were post graduate, $19 \%$ were secondary educated, $3 \%$ were matric and rest $1 \%$ were either illiterate or completed primary education.
Findings of the present study shows that maximum number of parents $48 \%$ were professionals, $33 \%$
were self employed, $14 \%$ were housewife and rest $5 \%$ were on daily wages. the value of DF is 3 and $X^{2}$ is 0.61 As per the study it shows that maximum number i.e $67 \%$ parents were earning 10001/- per month or above, followed by parents who are earning below 1500/- per months, $12 \%$ were earning between 5001-10000 per month and rest $2 \%$ were earning between 1501-3000/- per month. The value of DF is 4 and $X^{2}$ is 1.17 .
As per the study it shows that 40\% parents belongs to nuclear family, followed by 38 belongs to joint , 16\% belongs to extended and rest $6 \%$ belongs to single parent family. DF is 3 and $X^{2}$ is 0.59 .
The study shows that maximum $45 \%$ have 2 living children followed by $36 \%$ have 1 living child, $15 \%$ have 3 children and rest $4 \%$ are having morethan 3 children. DF is 3 and $X^{2}$ is 0.62 .
As per the study it shows that $49 \%$ parents have 1 male child followed by $26 \%$ having no male child $22 \%$ are having 2 male children and rest $3 \%$ are having 3 or more male child. DF is 3 and $X^{2}$ is 0.49
According to the study it shows that $54 \%$ are having 1 female child followed by $23 \%$ who do not have female child, $20 \%$ are having 2 female children and rest $3 \%$ have 3 and more female children. DF is 3 and $X^{2}$ is 0.54 .
According to the study it shows that $24 \%$ are having birth order either 1 or 2 and rest $15 \%$ are having birth order 3. DF is 2 and $X^{2}$ is 0.31 . According to study it shows that $38 \%$ got the information through relatives followed by $31 \%$ through medical checkup, $27 \%$ through relatives, and rest $4 \%$ through health surveys. DF is 3 and $X^{2}$ is 0.48 . According to Sex, majority i.e 51 were males with mean value of 42.31, S.E is 1.89 . According to place of residence, the majority 74 belongs to urban with mean value of 57.66 and S.E is 0.55 . According to dietary habits, majority people 59 are non-vegetarian with mean value 42.71.

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